

healthline

Faisal Tai of PsychPlus Quoted on Ketamine Safety

**Matthew Perry's Cause of Death
Raises Concerns About the Effects of
Ketamine**



“When ketamine is given in the clinical setting, it’s typically given as an infusion while the vital signs and the clinical status of the patient are closely monitored,” he told Healthline.

[Dr. Faisal Tai](#), psychiatrist and medical director at PsychPlus, said staff at an infusion clinic should have experience safely administering ketamine by IV, including managing heart-related or other side effects that may occur.

In addition, staff should be able to recognize changes in a person’s mental status during treatment.

This includes “accurately assessing suicide risk when providing ketamine for mental health,” Tai told Healthline.